

# Blended Paediatric First Aid

## Course Overview – **What to expect?**

Our Blended Paediatric First Aid course is designed in line with the 2025 EYFS guidelines and OFSTED requirements, making it essential for staff working in Early Years settings and schools. This training ensures compliance while offering a flexible alternative to the traditional two-day classroom course.



**At our Venue  
or Yours\***



**2 Days - 12 Hours  
(E-Learning +  
Practical)**



**12 Delegates  
per Trainer**

*“be that **person** that makes a **difference**”*

## WHAT YOU'LL LEARN?

This blended course combines online learning with a full day of hands-on practical training.

- **Day 1 (Online):** Learn the theory – the role of a Paediatric First Aider, infection control, first aid kits, workplace responsibilities, and recognising common medical emergencies. Complete at your own pace before attending the classroom day.
- **Day 2 (Classroom):** Put theory into practice with real-life scenarios and assessments, including:
  - Infant & child CPR and AED use
  - Recovery position & secondary survey
  - Managing choking, seizures, and breathing problems
  - Treating wounds, bleeding, burns, and shock
  - Responding to major injuries such as embedded objects, chest wounds, and amputations\*

(\*Tourniquet and wound packing covered if appropriate to group needs.)

## WHO IS THE COURSE FOR?

This course is ideal for anyone working with infants and young children who needs to meet the **latest 2025 EYFS guidance**. It is especially suited to:

- Nursery staff and childminders
- Teachers and school staff
- Parents, carers, and babysitters
- Aspiring childcare professionals

It's the perfect option for those who prefer the flexibility of blended learning.



Certificate No.421992023



## COURSE DETAILS

**Duration:** 12 Hours – E-Learning self-paced (to be finished before practical day)

Day 2 A minimum of 6 hours (excluding breaks) – 2 x 15 minute breaks + 30 minute lunch

**Where:** Our training centres or your venue\*

**Please arrive:** 15 minutes before start time

## CERTIFICATION

On successful completion, you will receive an Blended Paediatric First Aid Certificate **valid for 3 years**

Our courses are fully accredited by **First Aid Industry Body (FAIB) or Quallsafe Awards which is an OFQUAL regulated body.**

\*We also offer in-house training sessions with no limit on the number of participants.



## ASSESSMENT

Your trainer will assess you throughout the course through practical demonstrations and participation. At the end, you will need to complete a short multiple-choice test, the pass rate of which is 80%.

## FIRST AID AT WORK REQUALIFICATION

The HSE also recommends an annual refresher to keep your first aid skills sharp and ensure you are confident in handling workplace emergencies.

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**If you got any questions regarding course or booking call us at 0800 260 6942 or email us on [info@safehaventraining.co.uk](mailto:info@safehaventraining.co.uk)**

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